

# ARTHROSCOPIC INSTRUMENT HANDLING & NAVIGATION



**ADN CoE**®

Training, Research Center & Core Lab

# INFORMATION BOOKLET

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## ADN CoE®

Please note that this training is specialized procedural trainings provided by ADN CoE. This training is accredited by Ethical Medtech and EACCME and it is independent of any other training offered by relevant device company.

### WARNING

Medical information is constantly evolving and being updated. Standard safety practices should be observed, and it should be acknowledged that changes in treatments and drug applications may be necessary in light of new research and clinical experiences.

Readers are advised to verify the latest product information, dosage, administration methods, and contraindications provided by the drug's manufacturer regarding medications. Determining the best treatment and the correct drugs and dosages for each patient is the responsibility of the attending physician. The publisher and editors are not responsible for any harm or damage to patients or equipment that may arise from the use of this publication.

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## ADN CoE®

# DAY 1

## Fundamentals of Arthroscopic Instrument Handling

Time	Session	Format
09:00 – 09:30	Registration & Welcome Coffee	Opening Remarks
09:30 – 10:00	Principles of Arthroscopy: Optics, Fluid Management & Ergonomics	Lecture
10:00 – 11:00	Arthroscopic Tower Setup & Instrument Familiarization	Lecture
11:00 – 11:15	Coffee Break	Networking
11:15 – 12:30	Camera Navigation & Depth Perception Techniques	Case-Based Discussion
13:00 – 14:00	Lunch Break	Networking
13:30 – 14:45	Basic Instrument Handling: Probe, Graspers & Shavers	Hands-On Practical Session
14:45 – 15:00	Coffee Break	Networking
15:00 – 16:00	Triangulation & Portal Coordination Techniques	Simulation-Based Workshop
16:00 – 16:30	Common Technical Errors & Troubleshooting Strategies	Clinical Strategy Session
16:30 – 17:00	Day 1 Wrap-Up & Open Q&A	Wrap-Up

# DAY 2

## Advanced Navigation & Precision Control

Time	Session	Format
09:00 – 09:30	Morning Coffee & Day 1 Recap	Lecture
09:30 – 10:45	Advanced Instrument Coordination & Tissue Handling	Case-Based Lecture
10:45 – 11:00	Coffee Break	Networking
11:00 – 12:15	Suture Management & Knot-Tying Techniques	Practical Workshop
12:15 – 13:15	Lunch Break	Networking
13:15 – 14:15	Simulation Lab: Precision Navigation in Confined Joint Spaces	Advanced Case Discussion
14:00 – 14:15	Coffee Break	Networking
14:15 – 15:30	Managing Bleeding & Visualization Challenges	Technology Integration Session
15:30 – 16:15	Complication Management & Revision Arthroscopy Strategies	Clinical Review Session
16:15 – 16:45	Closing Remarks & Certificate Distribution	Professional Development Session

# VENUE

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SCAN



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# ACCOMMODATION

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### HOTEL CANCELLATION POLICY

If you wish to cancel or modify your hotel booking, please do not contact the hotel directly, send us a notification by email at: [info@adncenterofexcellence.com](mailto:info@adncenterofexcellence.com) Cancellations received earlier than 10 days before the beginning of the course are eligible for a full hotel refund. After that deadline, a one-night deposit will be deducted from your refund.

### BOOKING POLICY

The deadline for hotel booking is 10 days before the course. Unfortunately, ADN CoE cannot guarantee room availability past that deadline. Bookings are made on a first-come, first-served basis. In case of non-availability, we shall do our best to re-accommodate you in a nearby hotel of equal standard.

# Useful Information



## Transfer

The transfer vehicle will accompany you during the training.



## Training Location

**ADN CoE Training, Research Center & Core Lab**

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## Dress Code

Business Casual - Smart Casual



