

TENDON & SOFT TISSUE REPAIR TECHNIQUES



ADN CoE[®]

Training, Research Center & Core Lab

INFORMATION BOOKLET

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Please note that this training is specialized procedural trainings provided by ADN CoE. This training is accredited by Ethical Medtech and EACCME and it is independent of any other training offered by relevant device company.

WARNING

Medical information is constantly evolving and being updated. Standard safety practices should be observed, and it should be acknowledged that changes in treatments and drug applications may be necessary in light of new research and clinical experiences.

Readers are advised to verify the latest product information, dosage, administration methods, and contraindications provided by the drug's manufacturer regarding medications. Determining the best treatment and the correct drugs and dosages for each patient is the responsibility of the attending physician. The publisher and editors are not responsible for any harm or damage to patients or equipment that may arise from the use of this publication.

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DAY 1

Fundamentals of Tendon Biology & Repair Principles

Time	Session	Format
09:00 – 09:30	Registration & Welcome Coffee	Opening Remarks
09:30 – 10:00	Tendon & Soft Tissue Anatomy: Biomechanics & Vascularity	Lecture
10:00 – 11:00	Biology of Tendon Healing & Factors Affecting Repair Outcomes	Lecture
11:00 – 11:15	Coffee Break	Networking
11:15 – 12:30	Suture Materials, Needle Selection & Knot Security Principles	Case-Based Discussion
13:00 – 14:00	Lunch Break	Networking
13:30 – 14:45	Core Suture Techniques: Simple, Mattress & Locking Configurations	Clinical Strategy Session
14:45 – 15:00	Coffee Break	Networking
15:00 – 16:00	Tendon Repair Methods: Modified Kessler, Krackow & Bunnell Techniques	Practical Workshop
16:00 – 16:30	Soft Tissue Handling & Atraumatic Surgical Technique	Technical Session
16:30 – 17:00	Day 1 Wrap-Up & Open Q&A	Wrap-Up

DAY 2

Advanced Reconstruction & Complex Soft Tissue Management

Time	Session	Format
09:00 – 09:30	Morning Coffee & Day 1 Recap	Lecture
09:30 – 10:45	Flexor vs Extensor Tendon Repair Strategies	Case-Based Lecture
10:45 – 11:00	Coffee Break	Networking
11:00 – 12:15	Tendon Augmentation & Grafting Techniques	High-Fidelity Simulation
12:15 – 13:15	Lunch Break	Networking
13:15 – 14:15	Rotator Cuff & Large Tendon Reconstruction Principles	Multidisciplinary Simulation
14:00 – 14:15	Coffee Break	Networking
14:15 – 15:30	Management of Chronic Tears & Revision Tendon Surgery	Advanced Simulation
15:30 – 16:15	Complications: Adhesions, Rupture & Infection	Integrated Workflow Session
16:15 – 16:45	Postoperative Rehabilitation & Return-to-Function Protocols	Systems-Based Review
16:45 – 17:00	Closing Remarks & Certificate Distribution	Wrap up

VENUE

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SCAN



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BOOKING POLICY

The deadline for hotel booking is 10 days before the course. Unfortunately, ADN CoE cannot guarantee room availability past that deadline. Bookings are made on a first-come, first-served basis. In case of non-availability, we shall do our best to re-accommodate you in a nearby hotel of equal standard.



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Useful Information



Transfer

The transfer vehicle will accompany you during the training.



Training Location

ADN CoE Training, Research Center & Core Lab

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